

# Nads<sup>®</sup> eco BIKINI WAX

## DIRECTIONS FOR USE:

READ ALL DIRECTIONS, WARNINGS AND PRECAUTIONS CAREFULLY BEFORE USE. FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN SKIN IRRITATION/INJURY, BURNS OR DAMAGE TO YOUR MICROWAVE OVEN.

WAX MAY BE HOT AFTER HEATING. PLEASE USE CAUTION.

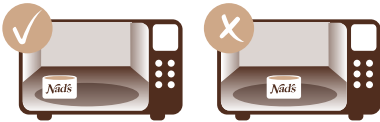
### 1. BEFORE YOU START WAXING

1. Wash your hands
2. Ensure the bikini area is clean, dry and free of oils and moisturisers
3. Cover the floor area where you will be conducting the waxing with old newspapers or an old towel in case of spillage
4. Hair needs to be a minimum of 3mm. If much longer, trim to approximately 5mm.
5. Make sure you have this leaflet and a mirror close at hand

### 2. HEATING THE WAX

REMOVE LID BEFORE HEATING. DO NOT HEAT THE WAX JAR WITH THE SPATULA OR ANY OTHER OBJECT IN IT. DO NOT USE IF JAR HAS ANY VISIBLE DEFECTS, CRACKS OR IS DEFORMED.

1. Place the jar off center in the microwave oven on a microwaveable plate.



2. Refer to the heating guide in table below.

Amount of wax in the jar	Heating time*
Full jar	1 minute
Half jar	50 seconds

\*Heating time provided as a guide for 1000W microwave oven. Heat only in a microwave. Do not heat in oven, saucepan or hot water. Microwaves vary in power, so heating times provided are an indication only. Never leave the microwave unattended during heating.

**WARNING: DO NOT EXCEED THESE HEATING TIMES. NEVER LEAVE THE HEATING WAX UNATTENDED. NEVER ALLOW WAX TO BOIL. OVERHEATED WAX CAN CAUSE SERIOUS BURNS. IF THE WAX IS LIQUID OR BUBBLING, IT HAS BEEN OVERHEATED. DO NOT REMOVE FROM MICROWAVE UNTIL WAX HAS COOLED DOWN.**

3. Carefully watch the product during heating in order to stop the microwave immediately in the event something unusual occurs (sparks, smoke, bubbling wax, overflowing wax etc.).
4. Leave the jar to stand in the switched off microwave for 1 minute before taking it out to ensure a better diffusion of heat through the wax.
5. Before removing jar, GENTLY touch the jar to check that it is not too hot to handle.
6. Carefully remove the jar from the microwave, keeping it upright at all times to prevent spillage. Place the jar onto an old newspaper or a paper towel.

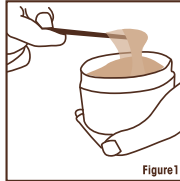


Figure1

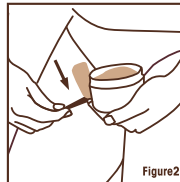


Figure2

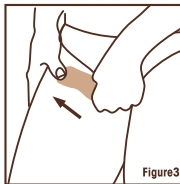


Figure3

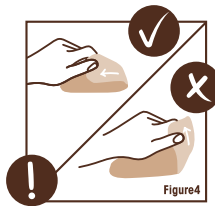


Figure4

(Remove wax close to skin. Don't pull upwards)

### 3. CHECKING THE TEMPERATURE

**IMPORTANT: IF THE WAX IS STILL SOLID, IT MAY BE BOILING HOT UNDERNEATH AND COULD SPIT OUT WHEN SPATULA IS INSERTED. DO NOT PUSH THE SPATULA INTO WAX. WAIT FOR AT LEAST 3 MINUTES UNTIL THE SOLID PART HAS SOFTENED. IF AFTER 3 MINUTES THE SURFACE IS STILL SOLID THEN FURTHER HEATING IS REQUIRED.**

1. Gently stir the product with the spatula to ensure a uniform consistency, as parts of the wax may be more liquid than others (Figure 1). The product is ready when the wax has the consistency of thick honey, without any solid areas.
2. If the wax has not sufficiently softened and is difficult to stir or spread, put it back in the microwave for 10 seconds at a time (never more) until the ideal consistency is achieved.
3. When the wax has the right consistency, carefully check the temperature by placing a small amount on the inside of your wrist before proceeding with the full treatment.
4. When the temperature is at a comfortable level, only then begin with the hair removal process. If the wax is too hot, let it cool down to a comfortable temperature.

### 4. APPLYING THE WAX

For best results, always work on one small area at a time. Ensure you start from the outside and work your way into the more sensitive areas. Wax the bikini line moving inwards in the direction of hair growth. When waxing around the more intimate regions, it is advisable to use a mirror.

1. Insert the spatula into the jar and scoop the wax out. Rotate the spatula to prevent the wax from dripping.
2. With the spatula, apply the wax in the same direction of hair growth, forming a smooth, even layer of wax approximately 1-2 millimetres thick (Figure 2).
3. Leave a small amount of wax at curling up the end of the patch to make it easier to remove.
4. Let the wax cool on your skin for approx 20 seconds, until it is still soft and pliable but no longer sticky to touch. If wax is left on skin too long (more than 1 minute), it becomes hard and difficult to remove.

### 5. REMOVING THE WAX

1. Hold the skin taut with one hand. Lift end of wax with fingers of free hand (Figure 3). Grip wax and with a quick motion, remove wax close and parallel to the skin in the opposite direction of hair growth (Figures 3&4).
2. Do not reuse the wax or re-wax area if skin is red and irritated.
3. Immediately after removal, apply firm pressure to the area with your fingertips to relieve sensitivity.
4. Do not leave the spatula in the wax after use. Scrape excess wax off the spatula before storing.
5. Use a tissue soaked in oil (body/massage oil, olive or coconut oil) to remove any wax residue. Do not attempt to use water.

**NOTE: AFTER USE ALWAYS WAIT 24 HOURS BEFORE USING ANTIPERSPIRANT, PERFUME OR ASTRINGENT LOTION ON THE TREATED AREA.**

# Nad's® eco BIKINI WAX

## WARNINGS AND PRECAUTIONS

- **KEEP OUT OF REACH OF CHILDREN.**
- **BEFORE EACH USE, FOLLOWING THE DIRECTIONS FOR USE, FIRST TEST THIS PRODUCT ON A SMALL PATCH OF SKIN IN THE AREA YOU WISH TO TREAT. IF AFTER 24 HOURS THERE IS NO ADVERSE REACTION, PROCEED WITH FULL APPLICATION.**
- Waxing may not be suitable for the elderly or diabetics.
- DO NOT use if you are on any medication which can affect the skin or if under going any of the following dermatological treatments: topical retin A, skin peel, dermabrasion or laser resurfacing.
- Do not use on sunburnt, dry, flaky, broken or irritated skin; over warts, pimples, moles, wounds or varicose veins, or if you have suffered any adverse reaction to waxes in the past.
- Avoid waxing sensitive/intimate areas just before or during menstruation.
- Do not use inside the nose or ears, on nipples or scalp.
- Do not bathe in hot water immediately before or after waxing (wait at least 2 hours).
- Do not use on hot or sweaty skin.
- Avoid sunbathing during the 24hrs before and after waxing. Always use a sunscreen on sun exposed skin.
- Allow 24 hours before using antiperspirant, perfume or astringent lotion on the treated area.
- It is normal for skin to appear red after waxing. If discomfort or a persistent burning sensation, pain or bruising is experienced, apply a cold compress to the skin. If irritation persists for over 24 hours, seek medical advice.

**SHOULD BURNS OCCUR DURING USE, RUN COLD WATER OVER THE AFFECTED AREA FOR 30 MINUTES AND SEEK MEDICAL ATTENTION. DO NOT ATTEMPT TO REMOVE THE LAYER OF WAX.**

## TIPS & HANDY HINTS FOR EFFECTIVE HAIR REMOVAL:

### *For effective hair removal:*

- Ensure hair is at least 3mm or (1/8 inch) long.
- The area must be clean and free from oil and moisturisers.
- The area must be dry before applying wax.
- Apply the wax in the direction of hair growth.
- Hold skin taut when removing wax.
- Pull wax quickly in the opposite direction of hair growth and parallel to the skin. The quicker you pull the wax, the more effective the hair removal.

## FOR A PERFECT FINISH

- Nad's Ingrow Solution is the essential after-hair-removal formula to help minimise ingrown hairs, irritation and redness. Wait 24 hours after hair removal before using.

For an instructional video  
& further information visit  
**nads.com**

### **Thank you for using Nad's Eco Wax!**

Please be sure to dispose of your materials appropriately after you have finished the product:

- OUTER BOX AND INSTRUCTION LEAFLET ARE 100% RECYCLABLE
- JAR IS COMPOSTABLE & BIODEGRADEABLE
- SPATULA IS BIODEGRADEABLE

